

NIIWIN WENDAANIMAK WELLNESS PROGRAM-168 BATHURST STREET

AUGUST 2018-DATKAAGMIN-THIMBLEBERRY MOON
 THE EIGHT MOON OF CREATION IS THIMBLEBERRY MOON(BLACKBERRY MOON), WHEN WE
 HONOUR THE BLACKBERRY WHICH PRODUCES AN ABUNDANCE OF FRUIT ONCE EVERY
 THREE YEARS. IT WAS ONE OF THE FIRST PLANTS PUT ON MOTHER EARTH, AND ITS
 PURPOSE IS TO PROTECT THE SACRED CIRCLE OF LIFE BY ALLOWING US TO RECOGNIZE
 AND UNDERSTAND THE TEACHINGS THAT COME FROM THE SPIRIT WORLD.



**PARKDALE
 QUEEN WEST
 Community
 Health Centre**

| MON | TUE | WED | THU | FRI |
|--|--|--|---|--|
| Please note-Every Friday -9:30-10:30 is open sessions for crafts, card games, prize bingo etc... | For more info: please call Vivian at 416 703 8482 ext 2426 | 1 Spirit Circle –Meeting Place-10:00 | 2 Indigenous Outreach worker at Parkdale CHC-3-6 | 3 Danny Beaton 10:30-12:30 |
| 6 STAT-Centre Closed | 7 Garden Group 1-3 | 8 Spirit Circle –Meeting Place-10:00 WEAAC Meeting-12-2 OAHAS Office | 9 Indigenous Outreach worker at Parkdale CHC-3-6 | 10 Clay Shirt Knowledge Keeper 10:30-12:30 |
| 13 <i>Indigenous Outreach Worker at Parkdale Site every Monday-10-6</i> | 14 Garden Group-cooking session 1-3 | 15 Spirit Circle –Meeting Place-10:00 | 16 Indigenous Outreach worker at Parkdale CHC-3-6 | 17 CNE Outing DEPART 10:30 |
| 20- Indigenous Drop In-Group-10-1-at Parkdale site | 21 Garden Group-Gillian from Alter Eden-Bee Keeper-1-3 | 22 Spirit Circle –Meeting Place-10:00 | 23 Indigenous Outreach worker at Parkdale CHC-3-6 | 24 Elder Jacqui Lavalley 10:30-12:30 |
| 27 | 28 Garden Group 1-3 | 29 Spirit Circle –Meeting Place-10:00 | 30 Indigenous Outreach worker at Parkdale CHC-3-6 | 31 Drop In 10:30-1:00 |

Schedule is subject to change without notice.....

August 3--Danny Beaton-Mohawk Knowledge Keeper10:30-12:30

August 10-Clay Shirt, Traditional Knowledge Keeper-10:30-12:30

August 17th-CNE Outing-must register with Staff, partnership with KAPOW & WOW-Depart 10:30 SHARP via ttc,-lunch & tokens provided.

August 20-Indigenous Drop In Program-Parkdale Site –10-1:00

August 24--Grandmother Jacqui Lavalley10:30-12:30

Niiwin Wendaanimak Wellness Program invites you on Friday's for coffee, tea & a light breakfast starting at 9:30 am & a healthy lunch @ 12:30pm

We work on a harm reduction basis& ask that you respect the Seven Grandfather Teachings while attending the program.